

CERTIFICATE IN CULINARY NUTRITION AND PUBLIC HEALTH

12 semester credit hours

Available to degree-seeking and non-degree seeking students.

This certificate is designed to prepare those in the public health and health care workforce to understand the role of nutrition in disease prevention and health promotion, nutrition assessment, nutritional physiology, nutritional health policy, and culinary medicine.

Course of Study

The following courses are required for an Certificate in Culinary Nutrition and Public Health:

Code	Title	Hours
PHM 1232L	Public Health Nutrition Practice	3
PHM 1110L	Health Promotion and Behavioral Sciences in Public Health	3
PH 1237	Obesity, Nutrition, & Physical Activity	1
PH 5031	Garden for Health	2
PH 5032	Culinary Medicine	2
PH 5040L	Nutrition Research Methods	1
Total Hours		12

For more information, see the Culinary Nutrition and Public Health certificate planner (https://web.sph.uth.edu/student-forms/Academic_Requirements/Certificate%20Planners/Planner.Certificate.Culinary_Nutrition.docx).