

CERTIFICATE IN NUTRITION AND PUBLIC HEALTH

13 semester credit hours

Available to degree-seeking students.

This certificate provides opportunities and training for students to focus on dietary assessment methodology, nutritional epidemiology, food policy and systems, behavioral nutrition interventions, and medical nutrition therapy. The goal is to prepare students to understand the role of nutrition in disease prevention and health promotion, dietary assessment, nutritional epidemiologic methods, nutritional physiology, and food and nutrition policy.

Course of Study

The following courses are required for an Certificate in Nutrition and Public Health:

Code	Title	Hours
PH 1233L	Introduction to Public Health Nutrition	3
PHM 2845L or PHD 2845L	Nutritional Epidemiology Nutritional Epidemiology	3
PH 5040L	Nutrition Research Methods	1
PHM 1232L	Public Health Nutrition Practice	3
Select 3 credits of the following:		3
PH 1237	Obesity, Nutrition, & Physical Activity	
PH 1228	Food Policy	
PH 5031	Garden for Health	
PH 5032	Culinary Medicine	
Total Hours		13

For more information, see the Nutrition and Public Health certificate planner (https://web.sph.uth.edu/student-forms/Academic_Requirements/Certificate%20Planners/Planner.Certificate.Nutrition_and_Public_Health.docx).