

# CERTIFICATE IN PHYSICAL ACTIVITY AND PUBLIC HEALTH

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**9 semester credit hours**

*Available to degree-seeking students.*

This certificate provides opportunities and training for students to focus on physical activity assessment, epidemiologic methods, intervention planning, physiologic mechanisms and health outcomes, and policy development. This certificate also focuses on the possible causes and consequences of physical inactivity on health in individuals and populations and provides hands-on opportunities for skills development in the areas of measurement, intervention, and environmental and policy change.

## Course of Study

The following courses are required for an Certificate in Physical Activity and Health:

<b>Code</b>	<b>Title</b>	<b>Hours</b>
PH 2735L	Physical Activity and Health: Epidemiology and Mechanisms	3
PH 5400	Physical Activity Assessment & Surveillance	3
PH 5401L	Physical Activity & Public Health Practice	3
<b>Total Hours</b>		<b>9</b>

For more information, see the Physical Activity & Public Health certificate planner ([https://web.sph.uth.edu/student-forms/Academic\\_Requirements/Certificate%20Planners/Planner.Certificate.Physical\\_Activity\\_and\\_Health.docx](https://web.sph.uth.edu/student-forms/Academic_Requirements/Certificate%20Planners/Planner.Certificate.Physical_Activity_and_Health.docx)).