

MPH IN HEALTH PROMOTION/ HEALTH EDUCATION: DIETETIC INTERNSHIP

The MPH in Health Promotion & Health Education, Dietetic Internship is a minimum 45 semester credit hours and is the fundamental degree in public health nutrition. Students delve into this area of concentration through didactic work, supervised practice, and their final specialty practice rotation with staff relief in an area of public health nutrition selected by each intern.

This program provides students with an opportunity to complete an MPH with an emphasis in Health Promotion/Health Education while simultaneously completing the requirements of an accredited Dietetic Internship program. Graduates of the Dietetic Internship are prepared to practice as entry-level dietitians, are eligible to take the Registration Examination for Dietitians and are qualified to apply for dietetic licensure through the Texas Department of State Health Services. The Dietetic Internship Program is administered through the Michael & Susan Dell Center for Healthy Living (<https://sph.uth.edu/research/centers/dell/>). This is a two-year program with a program fee of \$7,000. For more information see the School of Public Health Dietetic Internship Program (<https://sph.uth.edu/research/centers/dell/dietetic-internship-program/>) website.

Course of Study

The following courses are required for an MPH in Health Promotion/Health Education, Dietetic Internship:

Code	Title	Hours
Required for all School of Public Health Students		
PH 101	Foundations of Public Health ¹	0
Public Health Core Courses		
PHM 1110L	Health Promotion and Behavioral Sciences in Public Health	3
PHM 1690L	Introduction to Biostatistics in Public Health	4
PHM 2110L	Public Health Ecology & the Human Environment	3
PHM 2612L	Epidemiology I	3
PHM 3715L	Management & Policy Concepts in Public Health	3
PHM 5015L	Introduction to Qualitative Research in Public Health	2
Major Courses		
PHM 1111L	Health Promotion Theory and Methods	4
PHM 1113L	Advanced Methods for Planning and Implementing Health Promotion Programs (Intervention Mapping)	3
PHM 1229	Medical Nutrition Therapy Simulation Lab	2
PHM 1231L	Advanced Medical Nutrition Therapy	3
PHM 1232L	Public Health Nutrition Practice	3
PH 5040L	Nutrition Research Methods	1
PH 5030	Diabetes Seminar	1
PH 5031	Garden for Health ²	2
PH 5032	Culinary Medicine ²	2
Applied Practice Experience		
PH 9997	Practicum (section 800, first year) ³	1

PH 9997	Practicum (section 850, second year) ³	2
Integrative Learning Experience ⁴		
PHM 1496	Capstone for HPBS Students (Special Topic: Seed-to-Plate Prevention)	3
or PHM 9998	Integrative Learning Experience/Thesis Research	
Total Hours		45

¹ Online, not-for-credit course

² Course Fee: \$75.00

³ Program fee: \$3,500 each section

⁴ Students may choose to complete the Integrative Learning Experience through a departmental Capstone course (PHM 1496 Capstone for HPBS Students (Special Topic: Seed-to-Plate Prevention)) or a traditional academic thesis (PHM 9998 Integrative Learning Experience/Thesis Research).

For a sample course of study, see the MPH in Health Promotion/Health Education, Dietetic Internship degree planner (https://web.sph.uth.edu/student-forms/Academic_Requirements/Degree%20Programs%20&%20Planners/Planner.MPH.HPHE_DI.2024-2025.docx).